

# **Life in the Spirit Seminar**

## **Adult General Information**

### **Emergency Contact**

Spiritual Center of Maria Stein 419-925-7625, Kelly Horstman 567-644-4363, Kendra Stammen 419-719-0117

### **Private Rooms**

- Private rooms will be assigned upon arrival. Bedding will be provided.
- Participants are responsible to bring the necessary items for their personal hygiene.
- A single set of bath towels will be provided.

### **Meals**

Snacks and beverages will be served Friday and Saturday night. All meals on Saturday will be provided by the Spiritual Center of Maria Stein. Sunday breakfast will consist of egg bake, donuts, fruit, and juice.

### **Special Needs**

If any dietary needs are required please email [LifeInTheSpirit98@hotmail.com](mailto:LifeInTheSpirit98@hotmail.com). Please email any other special needs as well.

### **Coats & Jackets**

There will be activities outside for an extended period of time; it may be in your best interest to pack a coat or jacket.

### **Valuables**

All valuables should be left at home. Anyone involved with the seminar will not be held responsible for any lost or stolen items.

### **Sales**

Retreat t-shirts will be available for purchase. The cost is \$18. There is also a gift shop available.

**We look forward to seeing you at this year's seminar!**

**God Bless,**  
The Core Team